

Welcome, It is with great pleasure and a warm Alpine welcome that we introduce you to our new restaurant, L'Avalin.

The term "Avalin" in French means to originate from Val d'Isère.

The camaraderie between our team, our community and our cherished customers along with our passion for food is what makes us L'Avalin.

Nevertheless, the story behind L'Avalin started long before we opened our doors in the "Gallerie des Cimes". Oliver, the owner, moved to Val d'Isère at the age of 18 and fell in love with the resort and it quickly became apparent it was his home ...

Oliver & L'Avalin team



# **OUR STARTERS**

	THE PANKO PRAWNS	x5	18€
	Crispy and tasty, perfect as an aperitif		
	Coated in Japanese breadcrumbs served with a sweet chili sauce		
V	THE VEGETABLE ARANCINI	x3	16€
	A pleasant contrast between a crispy crust and a soft rice centre Served on crushed tomatoes		
V	THE TRADITIONAL FRENCH ONION SOUP	25	15€
			150
	A comforting French classic, ideal for alpine evenings		
V	THE MUSHROOM VELOUTÉ & POACHED EGG		15€
	Served with roasted hazelnuts & croutons		
	THE PULLED PORK BAO BUNS	x3	18€
	A delicious fusion of Asian & American cuisine		
	THE RED TUNA TATAKI		23€
	Served on crunchy vegetables marinated in sesame oil, mint and coriander Finished with pomegranate, wakame & wasabi mayonnaise		
	THE CHARCUTERIE BOARD		19€
	A variety of cold meats selected by our chef Hugo Served with gherkins & pickles		
	THE HOMEMADE FOIE GRAS		26€
	A refined French dish		

Served with pineapple chutney, toast & a touch of salt



# **OUR MAIN COURSES**

### THE ITALIAN STYLE BEEF TARTARE

A classic from our old restaurant La Source Prepared by our chef Claudiu, garnished with sundried tomatoes, olives, pesto & parmesan Served with fries & salad

### THE RACK OF LAMB ROASTED WITH THYME

This classic French dish highlights the tenderness & rich flavours of lamb Served with dauphinois potatoes & a garlic jus

### THE AUTHENTIC BEEF BURGER

Crazy Barmes' bun filled with a fresh beef patty, red onion confit, raclette cheese, homemade mayonnaise, salad & tomatoes Served with fries & salad

#### THE CRISPY CHICKEN BURGER

Crazy Barmes' bun filled with chicken fillets coated in cornflakes, red onion confit, raclette cheese, homemade mayonnaise, salad & tomatoes Served with fries & salad

## THE SIMMENTAL RIBEYE STEAK

A cut of meat renowned for its tenderness & flavour Served with a choice of either dauphinois potatoes / sweet potato puree / fries / salad And a choice of peppercorn sauce or morel mushroom sauce

### THE POKE BOWL

The Hawaiian dish, a healthy and aromatic option, ideal for a balanced meal, with a choice of:

 Fresh red tuna served mi-cuit
 29€

 Chicken fillets coated in cornflakes
 28€

 Vegetarian option
 26€

 Served with fragrant rice, crunchy vegetables & a sesame vinaigrette
 26€



28€

28€

36€



32€

28€

# OUR FISH AND VEGETARIAN

#### THE FILLET OF SEA BASS

A white & delicate fillet, carefully deboned Served with sweet potato puree, green vegetables & a citrus sauce

# **THE VEGETABLE CURRY**

A blend of spicy & slightly sweet flavours The chickpeas, array of vegetables and coconut milk make this dish a meal for everyone Served with basmati rice

# TO SHARE (>2 PPL.)

#### THE PRIME RIBEYE STEAK

A beautiful grilled piece of beef to share with friends Minimum 36 oz / 1 kg Served with a choice per person of dauphinois potatoes / sweet potato puree / fries or salad With peppercorn sauce & morel mushroom sauce

#### THE TRADITIONAL CHEESE FONDUE

Our timeless mountain dish Our fondue is a blend of Abondance, Beaufort & Comté cheese Served with salad

#### THE PORCINI MUSHROOM CHEESE FONDUE

Our forestry twist Served with salad

## THE RACLETTE

The emblematic dish of Alpine cuisine Served with cold meats, charlotte baby potatoes & salad

To accompany your fondues, our selection of cold meats board is €12 for two people





30€/pp

42€/pp

32€/pp

31€/pp

30€

29€

THE LEMON TART		
Individual! A lemon & white chocolate filling – served on a Breton shortbread biscu	uit	
THE CREME BRULEE	DE	
Classic!	NE MADE	
Prepared with Bourbon vanilla & glazed with brown sugar		
THE « BOLET DE SOLAISE »		
From La Grande Ourse to La Source to L'Avalin		
A vanilla ice cream & meringue dome, covered with melting hot choc	olate	
THE CHOCOLATE LAVA CAKE		
Childhood!		
Served with a soft melting centre & vanilla ice cream		
THE CHEESE BOARD		
A selection of three cheeses from our local farm in Val d'Isère		
Valiflette, half-goat half-cow Tomme & Beaufort		
THE GREEK YOGURT FROM « LA FERME DE L'ADROIT »	<b>»</b>	
Served with a choice of blueberry compote, honey or sugar		
THE ICE CREAM & SORBET		
Ice cream flavours: vanilla, chocolate, yogurt, salted caramel	2 scoops:	
	3 scoops:	

**OUR DESSERTS - FROM THE KITCHEN** 



THE IRISH COFFEE				
Jameson whiskey, cane sugar & homemade whipped cream with Baileys				
THE ESPRESSO MARTINI				
Vodka Smirnoff, an espresso, vanilla syrup & coffee liqueur				

**OUR DESSERTS - FROM THE BAR** 

## THE PORNSTAR MARTINI

Absolut Smirnoff, passion fruit puree, vanilla sirup & lime juice

## LE GÉNÉPI TRADITIONNEL DES PÈRES CHARTREUX

To develop their recipe, the Carthusians call on different producers in the Alps who select for them the best varieties of Artemisia, with an alcohol level of 40° Served neat or on the rocks

#### THE CHARTREUSE GREEN OR YELLOW

The green one offers intense herbaceous aromas with an alcohol level of 55° The yellow is softer with delicate flower aromas with an alcohol level of 43° Served neat or on the rocks

## THE CHARTREUSE ELIXIR LIQUEUR

To create this blended liqueur, the Carthusians used all their know-how and the knowledge to select liqueurs reminiscent of aromatic power vegetable elixir, with an alcohol content of 56° Served neat or on the rocks

## THE CHARTREUSE MOF

The MOF, created in tribute to the "Meilleurs Ouvriers de France", produced in small quantities, offering a complex and refined aromatic profile, with an alcohol level of 45° Served neat or on the rocks

## THE CHARTREUSE 9<sup>TH</sup> CENTENNIAL

This special vintage was created for the first time in 1984 by the Carthusian fathers to commemorate the 900th anniversary of the founding of the Carthusian Order in 1084 by Saint Bruno, with an alcohol content of 47°

Served neat or on the rocks





14€ 14€

2cl: 6€

2cl : 5€ 4cl : 9€

14€

2cl: 8€ 4cl: 14€

4cl: 12€

4cl: 14€

2cl: 8€

2cl: 10€

4cl: 18€



OUR CHILDREN'S MENU < 12 years old

## LITTLE AVALIN'S, YOU'RE IN CHARGE!

#### **STEP 1: CHOOSE YOUR PROTEIN**

Chicken fillets coated in cornflakes

Fresh beef patty

✓ Vegetable curry

### STEP 2: CHOOSE YOUR SIDE

Fries Sweet potato puree Basmati rice Salad

## STEP 3: CHOOSE YOUR DESSERT

A scoop of ice cream or sorbet An apple compote

15€



L'AVALIP RESTAURANT